

Clog and Reel

Music: 32 Bars of a Clog with an Introduction

96 Bars of a Reel - No Ending

CLOG:

- 1. Hop shuffle step (to the back), hop shuffle step (to the side), hop shuffle step (to the back), flap flap**
- 2. Hop heel step, hop heel step, hop heel step, flap flap**
- 3. Hop bring back flap flap, hop bring back flap flap, hop bring in flap flap, hop bring in flap flap**
- 4. Hop shuffle hop kick hop, bring in hop, hit your heel hop, kick hop, bring in hop flap (to the back)**
- 5. Hop shuffle hop kick hop, bring in hop, hit your heel hop, kick hop, bring in hop flap (to the front)**
- 6. Hop shuffle step, hop shuffle step, hop shuffle step, flap flap (moving to the side)**
- 7. Hop shuffle hop, flap flap (pause) shuffle hop toe, hop flap**
- 8. Hop shuffle step (to the back), flap (to the side) flap (to the front) flap (to the side) flap (to the back) flap (to the side) flap (to the front)**

REEL

- 1. Hop shuffle step 7 times, flap flap**
- 2. Hop shuffle hop, shuffle hop toe (changing feet), hop toe, hop toe**
- 3. Hop heel, hop toe, hop heel – hop heel, hop toe, hop heel**
Hop toe, hop side toe, hop toe – hop toe, hop side toe, hop toe
- 4. Hop shuffle hop shuffle hop toe, kick, hop shuffle hop step**
- 5. Hop shuffle hop, shuffle hop step, jump hit heels together, landing inside/outside, right, left, clap, hit heel, step, hop shuffle hop, shuffle hop step**
- 6. Hop toe, hop heel, hop toe, hop heel, hop toe, hop heel, hop step**

7. **Hop shuffle hop, shuffle hop step, (to the side), scissors jump, hop, scissors jump, hop, hop shuffle hop, shuffle hop step**
8. **Hop shuffle hop toe, hop heel, bring in, hop toe, hop heel, bring in, hop toe, hop heel, bring in, hop shuffle hop step**
9. **Hop shuffle hop shuffle hop toe (changing feet), kick, hop toe hop**
10. **Hop shuffle hop shuffle hop step, slide both feet together, stamp**
11. **Hop shuffle hop shuffle hop toe, turning to the side, six shuffle hop toes**
12. **Hop shuffle hop shuffle hop step, jump to the side, hop shuffle hop step, jump, hop shuffle hop step, jump, hop shuffle hop step**
13. **Hop shuffle hop shuffle hop step, jump forward, hop shuffle hop step, jump, hop shuffle hop step, jump, hop shuffle hop step**
14. **Hop shuffle hop shuffle hop step, to the side, six shuffle hop steps**
15. **Hop shuffle hop shuffle hop toe, changing feet, kick, hit heel, hop toe hop**
16. **Hop shuffle hop shuffle hop step, step, step, step**