

The First Reel

Music: 64 Bars of a Reel with an Introduction

Each step is performed twice, once starting with the right foot and once starting with the left foot.

- 1. One, two, three, flap flap**
- 2. One, two, three, shuffle hop toe**
- 3. Hop shuffle step, hop shuffle step, hop shuffle step, flap flap**
- 4. Hop shuffle hop, kick hop stamp, hop shuffle hop step**
- 5. Hop shuffle hop (turning to the side), toe hop toe, hop shuffle hop step**
- 6. Hop shuffle hop, kick hop step (in front), hop shuffle hop step**
- 7. Hop shuffle hop, toe, toe, toe, hop shuffle hop step**
- 8. Hop shuffle hop, heel, heel, heel, hop shuffle hop step**
- 9. Hop shuffle hop, kick hop toe (changing feet), hop shuffle hop step**
- 10. Hop heel, hop change toe, hop change heel, hop change toe (to the right then the left), five hop heels (same speed), straight, in front (right foot), straight, in front (left foot), straight together**
- 11. Hop shuffle hop toe, hop side toe, hop shuffle hop step**
- 12. Hop shuffle step 7 times, flap flap (to the side)**
- 13. Hop shuffle hop toe, step, stamp, hop shuffle hop step**
- 14. Hop shuffle hop, shuffle hop toe (changing feet), straight, hop toe, straight**