

The Basic Reel

Music: 64 Bars of a Reel with an Introduction

Each step is performed twice, once starting with the right foot and once starting with the left foot.

- 1. One, two, three, step step**
- 2. One, two, three, cross step**
- 3. One, two, three, heel step**
- 4. One, two, three, toe step**
- 5. One, two, three, front step**
- 6. One, two, three, back step**
- 7. One, two, three step step (to the side)**
- 8. Hop heel, hop toe, hop heel, hop step**
- 9. Hop heel, hop heel (slow), hop heel, hop heel, hop heel (fast)**
- 10. Hop heel, hop change toe, hop change heel, hop step**
- 11. Hop toe, hop toe, hop toe, step step**
- 12. Hop heel, hop heel, hop heel, step step**
- 13. One, two, three step step (side, front, side)**
- 14. Shuffle hop toe, step step, hop shuffle step**
- 15. Straight, hop toe, straight, hop toe, straight**